



**European College of  
Neuropsychopharmacology**

# 10<sup>th</sup> ECNP Regional Meeting

**23-25 April 2009  
Tallinn, Estonia**



**Programme**  
[www.ecnp.eu](http://www.ecnp.eu)

## Important addresses

### Scientific secretariat

(Scientific programme, exhibition, satellite symposia, logistics)

ECNP-Office

P.O. Box 85410

3508 AK Utrecht

The Netherlands

phone: +31 30 253 8567

fax: +31 30 253 8568

e-mail: tallinn2009@ecnp.eu

website: www.ecnp.eu

### Organising secretariat

(Registration, hotel reservation, local logistics)

Frens Conference Services

Toompuiestee 30

10149 Tallinn

Estonia

phone: +372 6 979 290

fax: +372 6 979 201

e-mail: ecnp@frens.ee

website: www.frens.ee

### Meeting venue

Sokos Hotel Viru

Viru väljak 4

10111 Tallinn

Estonia

website: www.viru.ee

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## Welcome

Dear colleague,

The European College of Neuropsychopharmacology (ECNP) welcomes you to the 10<sup>th</sup> ECNP Regional Meeting in Tallinn.

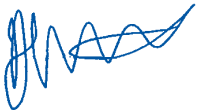
The Scientific Programme Committee of the meeting has composed an exciting programme with meet-the-experts sessions in the field of schizophrenia and depression, keynote lectures on bipolar disorders and first-episode schizophrenia, and symposia in the field of depression, anxiety, psychogenetics, and neuroplasticity. In all parts of this programme leading experts will present their knowledge that will be of interest to both researchers and practitioners.

The poster sessions also form an important part of the scientific programme during which ample time is available for scientific exchange. The two most outstanding posters by scientists from Estonia will be awarded with the ECNP Regional Poster Award. Furthermore based on their scientific excellence a number of papers for poster presentation have been awarded with an ECNP Regional Travel Award.

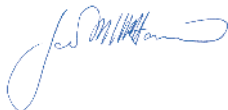
Scientific oriented satellite symposia organised by the pharmaceutical industry are also part of the programme.

Hosting city of the 10<sup>th</sup> ECNP Regional Meeting is Tallinn, capital of Estonia. We invite you to enjoy the beauties of Tallinn.

Executive Committee ECNP    Local Advisory Committee



David Nutt  
president



Jaanus Harro  
chair

## ECNP Committees

### Executive Committee

David Nutt, United Kingdom, *president*  
René S. Kahn, The Netherlands, *vice-president*  
Joseph Zohar, Israel, *president-elect*  
Julien Mendlewicz, Belgium, *past-president*  
Hans-Ulrich Wittchen, Germany, *secretary*  
Michel Hamon, France, *treasurer*

#### *Councillors:*

Celso Arango, Spain  
Nicoletta Brunello, Italy  
Guy Goodwin, United Kingdom  
Edith Holsboer-Trachsler, Switzerland  
Marc Laruelle, United Kingdom  
Mark Millan, France  
Zoltán Rihmer, Hungary  
Eduard Vieta, Spain

#### *Chair Scientific Programme Committee 22<sup>nd</sup> ECNP Congress*

Sven Ove Ögren, Sweden

#### *Chair Scientific Programme Committee 23<sup>rd</sup> ECNP Congress*

Michel Hamon, France

#### *Chair Publication Committee*

Jan M. van Ree, The Netherlands

### Scientific Programme Committee

Zoltán Rihmer, Hungary, *chair*  
Robertas Bunevicius, Lithuania  
Jaanus Harro, Estonia  
Vija Klusa, Latvia  
Klaus-Peter Lesch, Germany  
Sven Ove Ögren, Sweden  
Jakov Shlik, Estonia  
Joseph Zohar, Israel

### Local Advisory Committee

Jaanus Harro, Estonia, *chair*  
Kaire Adamsoo, Estonia  
Anti Kalda, Estonia  
Andres Lehtmets, Estonia  
Eduard Maron, Estonia  
Veiko Vasar, Estonia

### Honorary Committee

Virginija Adomaitiene, Lithuania  
Lembit Allikmets, Estonia  
Vita Danileviciute, Lithuania  
Elmars Rancans, Latvia  
Eero Vasar, Estonia  
Alexander Zharkovsky, Estonia

## About ECNP

The European College of Neuropsychopharmacology (ECNP) was established in 1987 on the initiative of scientists and clinicians working in Europe in the convergent disciplines in neuropsychopharmacology. ECNP envisages to encourage research and to facilitate communication of research and ideas in this field. To fulfil this aim ECNP has, amongst others, established the annual scientific congresses and biennial regional meetings.

ECNP is founder member of the European Brain Council and the Federation of European Neuroscience Societies, and member of the International Union of Basic and Clinical Pharmacology.

For further information please visit the ECNP website [www.ecnp.eu](http://www.ecnp.eu).

## ECNP incentives for scientists at ECNP Regional Meetings

### For poster presenters

Poster presenters from the country where the Regional Meeting is held can be granted a regional poster award (see page 9).

### For young scientists

Are you from the country where the Regional Meeting will be held **and:**

- Pre-doctoral or doctoral student?
  - A post-doc employed at a university or scientific institution within the first four years of receiving your PhD?
  - Resident within first four years of receiving your MD?
- You can apply for a regional travel award (see page 9)

Are you from a country with a developing economy (CDE) **and:**

- Pre-doctoral or doctoral student?
- Post-doc employed at a university or scientific institution within the first four years of receiving your PhD?
- Resident within first four years of receiving your MD?

- Your registration fee is waived if you present a poster on a paper that has been approved for publication in the journal *European Neuropsychopharmacology*
- You can apply for a reduced registration fee

## ECNP incentives for scientists at ECNP Congresses

### For poster presenters

Poster presenters can be granted a poster award.

### For young scientists

- Pre-doctoral or doctoral student?
  - Post-doc\*?
  - Resident?
- If you fit one of the above categories your fee is waived if you present a poster of a paper that has been approved for publication in the journal *European Neuropsychopharmacology*
- You can apply for reduced fees to the ECNP Congresses
  - Young scientists submitting a paper can also apply for a travel award

*\* within first four years of employment at a university or scientific institution, after getting a MD or PhD.*

### For MDs or PhDs

- Engaged full-time in clinical or basic research, training or teaching activities in the field of neuropsychopharmacology and closely related disciplines?
  - And not yet 40 years old in the year of the congress?
- It is possible to apply for a fellowship award

## Additional incentives for scientists

### For MDs or PhDs

- Engaged full-time in clinical or basic research, training or teaching activities in the field of neuropsychopharmacology and closely related disciplines?
- It is possible to apply for an ECNP Research Grant for Young Scientists (see page 9)

**For outstanding scientists**

You can be nominated for the

- ECNP Neuropsychopharmacology Award
- ECNP Lifetime Achievement Award

Please visit the ECNP website [www.ecnp.eu](http://www.ecnp.eu) for further information.

**ECNP Policy****Scientific programme**

The scientific programme is considered the most important part of the ECNP Regional Meetings. As a rule the scientific programme consists of keynote lectures, symposia, educational meet-the-expert sessions and poster sessions. For each Regional Meeting an independent Scientific Programme Committee is established, which endeavours to compose a high level, well-balanced scientific programme. Invitations and refunds for speakers and chairs are arranged by ECNP. Poster sessions are scheduled during the lunch breaks to enable participants to have ample time to discuss the data presented. Additional emphasis is placed on the posters by awarding the most outstanding posters with the ECNP Regional Poster Award and the best papers for posters with an ECNP Regional Travel Award. Young scientists from CDE countries are encouraged to present posters by waiving their registration fee in case the submitted paper is accepted for publication.

**Support**

The only possibilities for industry sponsored activities during the ECNP Regional Meetings are satellite symposia and exhibition stands.

Companies are treated as equal to one another as possible and there is no first come, first served policy. Applications for satellite symposia should be sent in before a certain deadline and the programmes have to be approved by the Scientific Programme Committee of the Regional Meeting. For the approved satellite symposia a balanced allocation is developed by ECNP with respect to timeslots and locations.

The exhibition should be medically oriented. Exhibition space is allocated after the deadline for receiving applications.

**Awards****ECNP Research Grant for Young Scientists**

The ECNP Research Grant for Young Scientists provides a unique opportunity for ECNP members to support young scientists. Each year a maximum of three European young scientists will be provided with the possibility to expand their knowledge and/or skills by working on scientific projects and to study the practice of neuropsychopharmacology in a different European academic department, preferably in another country. Each grant consists of a maximum amount of Euro 50,000.-.

**ECNP Regional Poster Award**

The two most outstanding posters by scientists from Estonia will be awarded with the ECNP Regional Poster Award. These awards will be presented to one participant involved in clinical research and one participant involved in pre-clinical research both in the field of neuropsychopharmacology. During the poster sessions of the 10<sup>th</sup> ECNP Regional Meeting a scientific jury will indicate the winning posters. The choice of the jury will depend on scientific excellence of the paper and on the presentation of the poster.

The award consists of a commemorative certificate, waiving of the registration fee for the 22<sup>nd</sup> ECNP Congress, 12-16 September 2009, Istanbul, Turkey, and Euro 500 as a contribution towards travel and accommodation costs. Reimbursement will take place after the congress in Turkey.

**ECNP Regional Travel Award**

The best papers of young Estonian scientists, accepted for publication and presentation, will be awarded with the ECNP Regional Travel Award. The papers will be judged by a scientific review committee. The award consists of a travel subsidy to the 10<sup>th</sup> ECNP Regional Meeting in Estonia (to be paid after the meeting) and a commemorative certificate.



## Introduction

### Types of presentations

The programme consists of:

- Meet-the-expert sessions (2)
- Keynote lectures (2)
- Symposia (4)
- Poster sessions (2)

Meet-the-expert sessions provide an opportunity to discuss practical treatment problems with an internationally renowned expert on the basis of case histories.

Keynote lectures are presented by senior scientists who have made important contributions to the advancement of the field of neuropsychopharmacology.

Symposia consist of 5 presentations by invited speakers; 25 minutes have been allocated to each speaker including discussion time.

During the poster sessions presentations are grouped per topic. Presenters are requested to attend their poster site during the lunch period.

### Papers

All papers accepted for publication will be published in a supplement to the journal *European Neuropsychopharmacology* (ENP).

Poster presentations with a number higher than 30 are not printed in the supplement to ENP; however, they are listed in this programme and are part of the poster sessions.

### Speakers' secretariat

The speakers' secretariat is located in Room Semi (see floor plan page 33).

### Instructions for speakers

Speakers are requested to bring their PowerPoint presentations to the speakers' secretariat one hour before their presentation. Enough time must be allowed to check the presentation carefully and to transfer it to the session room.

Speakers are requested to be present in the session room 15 minutes before the start of the session to meet

the chair(s). Speakers should direct any questions they may have to the chair(s).

### Session room

The meet-the-expert sessions, keynote lectures and symposia take place at the Room Grande (see floor plan page 33). Floor microphones are available in the session room. Participants wishing to take part in discussions should go to the nearest microphone and wait for the chair to acknowledge them. The microphones will be switched on by a technician. All presentations, discussions and questions will be in English. No translation will be provided. It is not allowed to bring drinks or food inside the lecture room. Audio and video/DVD recording and taking pictures with flashlight are not permitted. Cellular phones should be switched off.

### Poster presentations

All participants are invited to come and view the posters at the Room Bolero (see floor plan page 33). The poster presenters will be at their poster site according to the schedule below.

Friday 24 April 2009

Time: 13.20 – 15.00 hours

#### Poster session 1: preclinical research

- P.1 Basic and clinical neuroscience
- P.2 Affective disorders and antidepressants
- P.4 Anxiety disorders and anxiolytics
- P.6 Addiction
- P.7 Child and adolescent disorders and treatment
- P.8 Other

Saturday 25 April 2009

Time: 13.20 – 15.00 hours

#### Poster session 2: clinical research

- P.1 Basic and clinical neuroscience
- P.2 Affective disorders and antidepressants
- P.3 Psychotic disorders and antipsychotics
- P.4 Anxiety disorders and anxiolytics
- P.6 Addiction
- P.7 Child and adolescent disorders and treatment
- P.8 Other

The posters are listed on pages 17 to 23.

**Instructions for poster presenters**

- Set-up the poster on Friday 24 April before 10.00 hours
- Attend poster site for discussion with participants during lunch time at the date of your session
- Remove poster material\* on Saturday 25 April from 16.00 to 18.00 hours

Material for mounting posters will be available at the poster area.

**\*Please note**

*Posters not removed by the presenters will be taken to the registration desk by the staff. The ECNP Regional Meeting cannot accept liability for lost or damaged posters. Posters not picked up after the meeting will be thrown away.*

Photo: Toomas Volmer

**Friday 24 April 2009**

Location: Room Grande

09.00 - 10.00 Meet-the-expert session  
**Treatment of schizophrenia**  
Celso Arango, Spain

Chairs: David Nutt, United Kingdom  
Veiko Vasar, Estonia

10.00 – 10.45 Keynote lecture  
**Bipolar disorders**  
Guy M. Goodwin, United Kingdom

Chairs: Zoltán Rihmer, Hungary  
Wolfgang Rutz, Sweden

11.15 – 13.20 Symposium S.1  
**Depression**

Chairs: Lembit Allikmets, Estonia  
David Nutt, United Kingdom

New molecules for mood disorders; the  
NewMood EU project  
William Deakin, United Kingdom

Antidepressant pharmacotherapy - 2009  
and beyond  
David Nutt, United Kingdom

Male depression and suicide  
Wolfgang Rutz, Sweden

Prediction of suicide in mood disorders  
Zoltán Rihmer, Hungary

Depression and general medical  
condition  
Robertas Bunevicius, Lithuania

Location: Room Bolero

13.20 – 15.00 Poster session

## Friday 24 April 2009

Location: Room Grande

15.00 – 17.05 Symposium S.2  
**Anxiety**Chairs: Michel Hamon, France  
Vija Klusa, LatviaCan PTSD be prevented? Strategic  
interventions in the 'golden hours'  
Joseph Zohar, IsraelThe brain prepared to become anxious:  
predisposing neurobiology in animals and  
humans  
Jaanus Harro, EstoniaThe role of 5HT1A-receptors in emotional  
memory: implications for anxiety and  
depression  
Sven Ove Ögren, SwedenAre antidepressants really endowed with  
anxiolytic properties in relevant animal  
models?  
Michel Hamon, FranceWolfram (Wfs1) deficient mice  
display increased anxiety and reduced  
adaptation in the novel environment  
Eero Vasar, Estonia

Photo: Ain Avik



## Saturday 25 April 2009

Location: Room Grande

09.00 – 10.00 Meet-the-expert session  
**Use of dual action antidepressants**  
Siegfried Kasper, AustriaChairs: Guy Goodwin, United Kingdom  
Andres Lehtmetts, Estonia10.00 – 10.45 Keynote lecture  
**Neuropeptidergic signalling and  
mental disease**  
Tomas Hökfelt, SwedenChairs: Kaire Aadamsoo, Estonia  
Siegfried Kasper, Austria11.15 – 13.20 Symposium S.3  
**Psychogenetics**Chairs: Klaus-Peter Lesch, Germany  
Lars Oreland, SwedenGene environment interactions in  
schizophrenia  
Ole Mors, DenmarkMolecular genetics of ADHD  
Klaus-Peter Lesch, GermanyPharmacogenetic studies in depression  
Eduard Maron, EstoniaMolecular genetics of antisocial  
behaviour and alcohol abuse  
Lars Oreland, SwedenDevelopmental programming of anxiety  
in mice  
Cornelius Gross, Italy

Location: Room Bolero

13.20 – 15.00 Poster session



## Saturday 25 April 2009

Location: Room Grande

15.00 – 17.05 Symposium S.4  
**Neuroplasticity**

Chairs: William Deakin, United Kingdom  
Elmars Rancans, Latvia

Neuroplasticity and neuronal cell  
adhesion molecules  
Elisabeth Bock, Denmark

Time course in evolution of brain  
amyloid and its relation to cognitive  
impairment in Alzheimer's disease  
Ahmadul Kadir, Sweden

Neural cell adhesion molecule and  
depression-like phenotype in mice  
Alexander Zharkovsky, Estonia

Pharmacological induction of neuronal  
plasticity in the visual cortex  
Eero Castrén, Finland

Novel neurotrophic factors for the  
treatment of neurodegenerative  
diseases  
Mart Saarma, Finland

Photo: Ain Avik



## Poster sessions

All participants are invited to come and view the posters on Friday 24 April from 13.20 – 15.00 hours and on Saturday 25 April from 13.20 - 15.00 hours in Room Bolero (see floor plan page 33).

The name of the presenting author is indicated with an \*.

Poster presentations with a number higher than 30 are not published in the supplement to the journal *European Neuropsychopharmacology*, however they are listed below.

Instructions for poster presenters can be found at page 12.

All posters are available throughout the meeting. The poster presenters will be at their poster site according to the schedule below.

## Friday 24 April 2009

Time: 13.20 – 15.00 hours

Location: Room Bolero

### Poster session 1: preclinical research

- P.1 Basic and clinical neuroscience
- P.2 Affective disorders and antidepressants
- P.4 Anxiety disorders and anxiolytics
- P.6 Addiction
- P.7 Child and adolescent disorders and treatment
- P.8 Other

**P.1.01** The kinurenine pathway gene polymorphisms of the tryptophan metabolism do not play a role in Alzheimer's disease

A. Juhasz\*, A. Feher, A. Rimanoczy, M. Galfi, J. Kalman, Z. Janka, Hungary

**P.1.02** Effect of repeated haloperidol administration on maternal behaviour of albino rats

Y.V. Dobryakova\*, V.A. Dubynin, A.A. Kamenskii, Russia

**P.1.03** Effects of chronic citalopram treatment on the kainic acid induced neurogenesis in adult mouse hippocampus

K. Jaako\*, T. Zharkovskaja, A. Zharkovsky, Estonia

**P.1.04** Depression-like behaviour and reduced levels of the serotonin reuptake transporter in the brain regions of NCAM deficient mice

A. Aonurm-Helm\*, A. Zharkovsky, Estonia

**P.1.05** The influence of the new analogue of AVP(6–9) – Ac-D-SPRG on the behaviour in white rats

A. Belyakova\*, O.G. Voskresenskaya, A.A. Kamensky, V.P. Golubovich, Russia

**P.1.06** Ketanzerine improves cognitive performance in ovariectomized rats with scopolamine-induced amnesia

J. Fedotova\*, N. Platonova, Russia

**P.1.07** Prodrugs of 3-hydroxy-7-brom-5-phenyl-1,4-benzodiazepin-2-on for oral delivery

I. Kravchenko\*, I. Radaeva, Ukraine

**P.1.08** Mice deficient in ST8Siall demonstrate working memory impairment: a core feature of schizophrenia-like phenotype

K. Malinovskaja\*, A. Aonurm-Helm, A. Kalda, A. Zharkovsky, Estonia

**P.1.10** Acute hypoxia of early organogenesis: influence on stress-realising system of descendants

A. Graf\*, T.U. Dunaeva, L.K. Trofimova, N.A. Sokolova, Y.A.V. Krushinskaya, A.A. Bayzhymanov, E.N. Goncharenko, Russia

**P.1.11** Neurochemical effects of prenatal exposure of selective M- and N-cholinoblockers in early ontogeny

A.A. Bairamov\*, A.O. Poletaeva, G.Y. Yukina, S.K. Meshcherov, S.N. Proshin, N.S. Mamina, N.S. Saprionov, Russia

**P.1.12** Response to chronic social stress in the rat depends on persistent differences in sucrose consumption

M. Kanarik\*, K. Kõiv, D. Matrov, J. Harro, Estonia

**P.1.13** Identification of clusters of co-regulated genes that may underlie the phenotypes of high and low exploring rats

A. Alltoa\*, T.A. Hinsley, K. Kõiv, J. Harro, Estonia

**P.1.14** Antiaggressive and sedative effect of alpha2-adrenoceptor agonist naphthylmedetomidine in rabbits and monkeys

M. Votava\*, L. Hess, J. Schreiberová, J. Málek, Czech Republic

**P.1.15** Chronic citalopram treatment counteracts kainic acid induced aberrations in adult mouse hippocampus

M. Helmdorf\*, D. Sastin, K. Jaako, A. Zharkovsky, Estonia

**P.1.16** Characterisation of ligand binding to melanocortin 4 receptors by fluorescence polarisation

S. Veiksina\*, S. Kopanchuk, A. Rinken, Estonia

**P.2.05** Effects of the NMDA antagonist MK-801 on the behavioural manifestations of antidepressants in rats

K. Pruus\*, L. Allikmets, Estonia

**P.2.06** Effects of serotonergic agents on depressive-like behaviour and anxiety in old thyroidectomised rats

O. Masalova\*, Russia

**P.4.01** Effects of group II metabotropic glutamate receptor antagonist, MGS0039 in rodent tests of anxiety-like behaviour

K. Stachowicz\*, H. Domin, A. Pilc, Poland

**P.4.02** Influence of drugs with anxiolytic properties on serotonergic receptors in the rat brain

M. Kowalczyk\*, S. Rump, Poland

**P.4.03** Influence of antenatal intermittent normobaric hypoxia in the period of early organogenesis on the behaviour of rats

L. Trofimova\*, A.V. Graf, T.Y. Dunaeva, M.V. Maslova, E.E. Hirazova, A.S. Maklakova, N.A. Sokolova, Russia

**P.4.04** Interaction between CRF and noradrenergic system in the rat frontal cortex

B. Zieba\*, H. Domin, K. Stachowicz, M. Smialowska, Poland

**P.6.01** Incentive role of amygdaloid CRF receptors in the reinforcing effects of psychoactive drugs in rats: a new concept

P. Shabanov\*, A.A. Lebedev, Russia

**P.7.02** Hypoxic impact in the period of early organogenesis disturbs corticosterone levels in the adrenal glands and blood of pregnant rats

T.Y. Dunaeva\*, L.K. Trofimova, A.A. Baizhumanov, E.N. Goncharenko, A.V. Graf, Y.V. Krushinskaya, E.E. Chirazova, M.V. Maslova, Russia

**P.8.02** The hydrolysis of 7-bromo-3-hydroxy-5-phenyl-1,2-dihydro-3H-1,4-benzodiazepine-2-one esters by pig liver microsomes

I.I. Romanovskaya\*, E.A. Shesterenko, O.V. Sevastyanov, E.A. Semenishina, V.I. Pavlovsky, S.A. Andronati, Ukraine

Photo: Toomas Volmer



## Saturday 25 April 2009

Time: 13.20 – 15.00 hours

Location: Room Bolero

### Poster session 2: clinical research

- P.1 Basic and clinical neuroscience
- P.2 Affective disorders and antidepressants
- P.3 Psychotic disorders and antipsychotics
- P.4 Anxiety disorders and anxiolytics
- P.6 Addiction
- P.7 Child and adolescent disorders and treatment
- P.8 Other

**P.1.09** Psychoemotional state and cancerous growth metastases: possible roles of vasopressin

N. Popova, V. Nikolin, S. Ilnitskaya, M. Belyaev, A. Amikishieva\*, A. Kolobov, V. Kaledin, Russia

**P.1.31** Neuropsychological theories of autism

M. Talarowska\*, A. Florkowski, A. Orzechowska, A. Wysokinski, P. Galecki, M. Macander, K. Zboralski, Poland

**P.2.01** Duloxetine in the treatment of bulimia nervosa: a case report

A. Capasso\*, C. Siano, G. Nolfi, C. Petrella, L. Milano, W.Milano, Italy

**P.2.02** Citalopram and venlafaxine in the treatment of depressive disorder in elderly patients

P. Galecki\*, A. Florkowski, A.P. Jurczyk, K. Bobinska, T. Pietras, K. Zboralski, Poland

**P.2.04** Trends in treating depression of inpatients with ischaemic heart disease in university hospital

V. Adomaitiene\*, R. Babarskiene, E. Sepetauskiene, S. Sajauskiene, G. Jasaite, Lithuania

**P.2.07** Comparison of the effectiveness of trazodone and venlafaxine therapy in patients with diagnosed depressive disorders

K. Zboralski\*, A. Florkowski, M. Talarowska, A. Wysokinski, P. Galecki, Poland

**P.2.08** Long term follow up of adolescent depression: history of drug prescriptions

A. Päären\*, A.L. von Knorring, L. von Knorring, Sweden

- P.2.09** Serotonin transporter gene promoter polymorphism and family relations: effect on symptoms of depression in adolescents  
T. Kurrikoff\*, L. Merenäkk, N. Nordquist, L. Oreland, J. Harro, Estonia
- P.2.10** Cost-effectiveness in the pharmacoeconomics of depression treatment  
L. Kavaliauskiene\*, V. Adomaitiene, R. Peciura, Lithuania
- P.2.31** Sexual drive in depressed patients with ischemic heart disease treated with antidepressants and benzodiazepines  
V. Adomaitiene\*, M.R. Babarskiene, G. Jonusiene, E. Sepetauskiene, S. Sajauskiene, G. Jasaite, Lithuania
- P.3.01** Aripiprazole reduces risperidone-induced hyperprolactinemia: two case reports  
A. Capasso\*, W. Milano, L. Milano, C. Siano, C. Petrella, Italy
- P.3.02** Osteopenia by risperidone-induced hyperprolactinemia: a case report  
A. Capasso\*, L. Milano, C. Petrella, C. Siano, W. Milano, Italy
- P.3.03** Population study of remission rate in an outpatient psychiatric service in Moscow  
A. Potapov\*, U. Dedurina, E. Tsukarzi, S. Mosolov, Russia
- P.3.04** Cognitive functions and level of stress in schizophrenia-like psychoses before treatment and during quetiapine therapy  
A. Wysokinski\*, M. Talarowska, A. Orzechowska, W. Gruszczynski, K. Zboralski, Poland
- P.3.05** Need-adapted treatment of first episode psychotic patients: 2-year follow-up  
H. Kõunarpuu\*, K. Kõunarpuu, Estonia
- P.3.06** Composite tardive dystonia associated with antipsychotic drugs for treatment of bipolar affective disorder: a case study  
V. Adomaitiene, D. RastenYTE, A. Sveikata, G. Gumbrevicius, K. Lauckaite\*, Lithuania
- P.3.07** Quality of life of family members of patients with first episode psychosis and family-centered treatment  
L. Reinson\*, Estonia

- P.3.08** Possible neurophysiological endophenotypes of schizophrenia at the different stages of illness progression  
I. Lebedeva\*, V.G. Kaleda, L.I. Abramova, A.N. Barkhatova, S.A. Golubev, Russia
- P.4.05** Trends in use of diazepam in university hospital  
V. Adomaitiene\*, B. Varanaviciene, O. Anculyte, Lithuania
- P.4.06** Trazodone – efficacious way to treat adjustment disorders  
P. Galecki\*, K. Bobinska, K. Zboralski, D. Berent, A. Florkowski, Poland
- P.6.02** Substance use and serotonin transporter gene L/S polymorphism in children and adolescents  
L. Merenäkk\*, J. Mäestu, T. Kurrikoff, N. Nordquist, L. Oreland, J. Harro, Estonia
- P.7.01** Hyperactive and inattentive symptoms, hostile family environment, and ADRA2A C-1291G polymorphism in healthy adolescents  
E. Kiive\*, T. Kurrikoff, J. Mäestu, J. Harro, Estonia
- P.7.03** Brain-derived neurotrophic factor gene val66met polymorphism, smoking and suicide-related thoughts in adolescents  
K. Hiio\*, J. Parik, L. Merenäkk, J. Harro, Estonia
- P.7.31** The relationship between attention deficit hyperactivity disorder and drug use: a review of the literature  
L. Prieto\*, J.A. Hormaechea-Beldarrain, Portugal
- P.7.32** Pharmacotherapy and neurorehabilitation of a child with cerebral palsy  
E. Mojs\*, E. Gajewska, M.D. Glowacka, W. Samborski, K. Rauer, T. Smyrek, Poland
- P.8.01** Mental retardation – psychopathology, diagnosing and treatment – forty years after Webster's theory  
K. Bobinska\*, P. Galecki, J. Smigielski, A. Florkowski, J. Szemraj, Poland
- P.8.03** Cognitive dysfunctions in a group of patients with fibromyalgia and its consequences for treatment  
W. Samborski, E. Mojs\*, Poland



## Satellite symposia

Everyone participating in the 10<sup>th</sup> ECNP Regional Meeting is very welcome to attend the satellite symposia. We invite you to share the invaluable exchange of experience between industry and scientists during these meetings.

The satellite symposia take place at the Room Grande (see floor plan page 33).

### Thursday 23 April 2009

Location: Room Grande

#### 17.30 – 18.30 **Thinking long-term in the treatment of schizophrenia**

Chair: Kaire Adamsoo, Estonia

Relapse prevention and compliance  
Joseph Peuskens, Belgium

Could we influence cognitive deficit in schizophrenia?  
Erika Saluveer, Estonia

*Lundbeck Estonia SA*

### Friday 24 April 2009

Location: Room Grande

#### 17.30 – 18.30 **Restoring disturbed circadian rhythms in depression: innovative approach to address the challenge of remission**

Chairs: Guy Goodwin, United Kingdom  
Andres Lehtmet, Estonia

Complete remission as major challenge of antidepressant therapies  
Andres Lehtmet, Estonia

Implications of circadian rhythm disturbances in depression  
Michel Hamon, France

Innovative approach to address the challenges of remission  
Guy Goodwin, United Kingdom

*Servier Finland Ltd.*

Photo: Ain Avik





## Exhibition

Concurrently with the Regional Meeting a commercial exhibition has been organised. Companies and organisations working in the field of neuropsychopharmacology have been invited to present their services, products and literature.

The exhibition can be visited on Friday 24 April and Saturday 25 April 2009 from 09.00 - 17.00 hours at the Exhibition Foyer (see floor plan page 33).

## Exhibitors

The following companies participate in the 10<sup>th</sup> ECNP Regional Meeting (list per 24 February 2009):

Company	Stand
AstraZeneca	4
Eli Lilly	7
GlaxoSmithKline	6
Lundbeck	5
Sanofi-Aventis	3
Schering-Plough	2
Servier	1

## Exhibitors' information

AstraZeneca Järvevana tee 9 11314 Tallinn Estonia	Sanofi-Aventis Pärnu mnt 139E/2 11317 Tallinn Estonia
Eli Lilly Roosikrantsi 10A Tallinn Estonia	Schering-Plough Järvevana tee 9 11314 Tallinn Estonia
GlaxoSmithKline Lõotsa 2 11415 Tallinn Estonia	Servier Toompuiestee 30 10149 Tallinn Estonia
Lundbeck Weizenbergi 29- 1 10150 Tallinn Estonia	

## Special events

All meeting participants are warmly invited to take part in our special events, offering the perfect surroundings to relax with fellow colleagues.

### Welcome ceremony and reception\*

Date:	Thursday 23 April 2009
Time:	19.30 – 22.00 hours
Location:	Room Grande of the Sokos Hotel Viru – restaurant Merineitsi

Participants are cordially invited to attend the welcome ceremony and the welcome reception, where food and drinks will be served. During the welcome ceremony a performance will be given by the Arsis Youth Handbell Ensemble

### Farewell dinner\*

Date:	Saturday 25 April 2009
Time:	19.00 – 22.00 hours
Location:	House of the Brotherhoods of Blackheads 26 Pikk, Tallinn

Programme:	
18.30	Participants gather at Sokos Hotel Viru lobby
18.45	Accompanied walk starts from Sokos Hotel Viru
19.00 – 22.00	Farewell dinner and entertainment

In honour of the participants of the 10<sup>th</sup> ECNP Regional Meeting a farewell dinner will be organised, consisting of a regional buffet style dinner including musical entertainment.

The House of the Brotherhood of Blackheads is nearly the only preserved Renaissance building in Tallinn. Its history dates back to 14<sup>th</sup> century when the Brotherhood started to use it as their residential building. During 600 years the building has undergone several reconstructions but is still one of the most impressive and well preserved sights in Tallinn's Old Town. Nowadays the House of the Brotherhood of Blackheads serves as a venue for receptions and other festive events including state gala dinners given by the president of Estonia.

At the entrance participants will be welcomed by members of the Saltatores Revaliensis Ensemble. Indoors the first performance will be given by the Ensemble Rondellus, who will play medieval and renaissance music.

There will be two more performances during the evening. First, members of the historic dance ensemble Saltatores Revaliensis will present a programme of dances from the 15<sup>th</sup> to 16<sup>th</sup> century.

Next, the Helin-Mari Arder Qunitet will play a repertoire from background music to more rhythmic dance music. Helin-Mari Arder is considered one of the most outstanding young Estonian jazz-singers.

*\* Both the welcome ceremony and reception and the farewell dinner are included in the registration fee.*

Photo: Toomas Volmer



## General information

In order to facilitate the use of this section, the items are mentioned in alphabetical order.

### About Tallinn

Tallinn is the capital and largest city of Estonia. It lies on the northern coast of Estonia, along the Gulf of Finland. As one of the most completely preserved medieval cities in Europe Tallinn is a precious city on the UNESCO World Heritage List. Although there are only 400.000 inhabitants Tallinn has a very rich cultural and pleasant atmosphere and many interesting sights to be explored. Tallinn is also an important Baltic seaport and a modern city with extraordinary telecom and internet solutions available.

### Badges

For organisational and security reasons, all participants and exhibitors are requested to wear their badges at all times during the meeting activities and special events.

### Banks, currency and credit cards

Banks are usually open until 18.00 hours. Bank offices that are located in the shopping centres are usually open until 21.00 hours.

The official currency of Estonia is the Estonian kroon (EEK, 1 kroon = 100 cents). Fixed exchange rate is 1 Euro = 15,65 EEK.

Most large hotels, shops and restaurants accept Visa and MasterCard/Eurocard. However, it is advisable to carry some Estonian kroons with you.

### Certificate of attendance

Certificates of attendance will be available for all participants at the registration desk of the meeting as of Saturday 25 April 13.20 hours.

### Disclaimer

For reasons beyond their control (such as war, strikes, lockouts, riots or any such civil disturbances, any acts of God, including but not limited to earthquakes, floods and droughts and any other cause or circumstance of whatsoever nature beyond its control that have an impact on the arrangements, timetables or planning of a scientific meeting), ECNP and/or its agents have the right to immediately alter or cancel the meeting or any of the arrangements, timetables, plans or other items relating directly or indirectly to the 10<sup>th</sup> ECNP

Regional Meeting. The participants shall not be entitled to any compensation for damages that result from such alteration or cancellation.

Furthermore, with the exception of any wilful damage or gross negligence committed by ECNP and/or its agents, neither ECNP and/or its agents shall at any time be liable for any direct or indirect damage suffered by the participants, including consequential and immaterial damage, caused by failure to comply with any provision of this document.

### Electricity

The electricity is 220 volts AC, 50 Hz. European-style 2-pin plugs are used.

### Insurance

The organisers will not accept liability for individual medical, travel or personal insurance. It is highly recommended that participants carry proper health and travel insurance.

### Language

The official language of the meeting will be English. No translation will be provided.

### Lost and found

For lost and found objects, please visit the registration desk.

### Lunches, breaks, welcome reception and farewell dinner

Lunches, coffee and tea during the breaks and the welcome reception are included in the registration fee and will take place in the meeting venue.

Also included in the registration fee is the farewell dinner which will take place at the House of the Brotherhoods of Blackheads.

Badges should be worn during all these events.

### Messages

A message board is located near the registration desk.

### Parking facilities

The Viru Parking House is connected to the meeting venue Sokos Hotel Viru. There are 450 indoor 24h parking spaces available. Meeting participants are entitled to a special tariff. Please collect a stamp on the parking ticket at the meeting venue to receive the following special prices: 50 EEK (Euro 3) for up to

5 hours and 100 EEK (Euro 7) for up to 10 hours. Please note payment is only accepted in Estonian kroons.

### Public transport

The meeting venue Sokos Hotel Viru can be reached by tram, bus or taxi.

Tallinn Airport is located only 4 km from the venue. Bus number 2 leaves the airport for the city centre every 20 minutes, and operates from 07.00 hours until midnight. The price is 20 EEK (Euro 1.50); tickets can be bought from the driver. The bus stop at the airport is located in front of the departure hall. The bus stop at the city centre is located on Laikmaa Street, between the Tallink Hotel and the large Viru Centre to which Sokos Hotel Viru is attached.

A taxi stand is located in front of the airport. The fare from the airport to the city centre is about 100 EEK (Euro 7).

Tallinn's Central Bus Station is located about 2 km from the city centre. Trams number 2 and 4 leave from Autobussijaam stop every 10 minutes. The stop nearest to Sokos Hotel Viru is Hobujaama, across the street to the hotel. The price is 20 EEK (Euro 1.50); tickets can be bought from the driver.

A taxi stand is located in front of the station. The fare from the bus station to the city centre is about 80 EEK (Euro 5).

Please note payment is only accepted in Estonian kroons.

### Registration desk

The registration desk is located in the Exhibition Foyer.

### Registration fees

Between brackets the fees for individuals not coming from countries with a developing economy (CDE – as listed in the World Bank List) is given. A VAT of 18% will be charged on the registration fee.

### Early registration and payment

(on or before 5 February 2009)

Excl. VAT	Incl. VAT
Euro 21.19	Euro 25
Euro 46.61	Euro 55
(Euro 199.15)	(Euro 235)

Reduced fee\*  
Full fee

**Late registration and payment**

(after 5 February 2009)

	Excl. VAT	Incl. VAT
Reduced fee*	Euro 29.66	Euro 35
Full fee	Euro 80.51	Euro 95
	(Euro 250.00)	(Euro 295)

Reduced fee\*  
Full fee

Registration fees are based on the date of receipt of the registration form and the payment.

\* A reduced fee for participants from countries with a developing economy (CDE) will be considered for:

- persons studying for a pre-doctoral or doctoral degree
- post-docs employed at universities and scientific institutions within the first 4 years of receiving their PhD
- residents within the first 4 years of receiving their MD

**Shops**

Most shops are located in the shopping centres and in the Old Town. Shops are generally open from 10.00 to 19.00 hours on weekdays, and from 10.00 to 17.00 hours on Saturdays and Sundays. Large department stores are generally open every day from 10.00 to 21.00 hours.

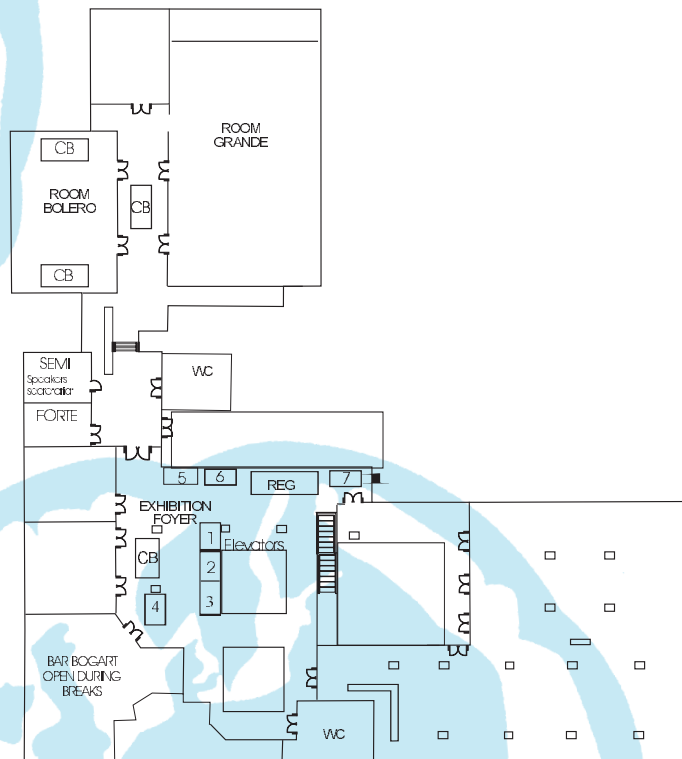
**Speakers' secretariat**

PowerPoint preview services will be available at the speakers' secretariat located in Room Semi.

**Time**

The time zone in Estonia is CET + 1 and GMT + 2 hours.

**Floor plan**



CB - Catering Buffets  
REG - Registration desk

## Programme overview

### Thursday 23 April 2009

- 17.30 – 18.30 Satellite symposium
- 19.30 – 20.30 Welcome ceremony
- 20.30 – 22.00 Welcome reception

### Friday 24 April 2009

- 09.00 – 10.00 Meet-the-expert session
- 10.00 – 10.45 Keynote lecture
- 10.45 – 11.15 Break
- 11.15 – 13.20 Symposium S.1
- 13.20 – 15.00 Lunch and poster session
- 15.00 – 17.05 Symposium S.2
- 17.30 – 18.30 Satellite symposium

### Saturday 25 April 2009

- 09.00 – 10.00 Meet-the-expert session
- 10.00 – 10.45 Keynote lecture
- 10.45 – 11.15 Break
- 11.15 – 13.20 Symposium S.3
- 13.20 – 15.00 Lunch and poster session
- 15.00 – 17.05 Symposium S.4
- 19.00 – 22.00 Farewell dinner



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# Future meetings

## **ECNP Congresses**

12 - 16 September 2009

22<sup>nd</sup> ECNP Congress, Istanbul, Turkey

28 August - 1 September 2010

23<sup>rd</sup> ECNP Congress, Amsterdam, The Netherlands

3 - 7 September 2011

24<sup>th</sup> ECNP Congress, Paris, France

13 - 17 October 2012

25<sup>th</sup> ECNP Congress, Vienna, Austria

5 - 9 October 2013

26<sup>th</sup> ECNP Congress, Barcelona, Spain

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Organising secretariat

22<sup>nd</sup> ECNP Congress

Colloquium Brussels (formerly ICEO)

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fax: +32 2 779 5960

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website: [www.colloquium-group.com](http://www.colloquium-group.com)

## **ECNP Workshop on Neuropsychopharmacology for Young Scientists in Europe**

4 - 7 March 2010, Nice, France

- Topics:
- Molecular neuropsychopharmacology
  - Behavioural pharmacology
  - Clinical neuropsychopharmacology
  - Bipolar disorders: towards new drug targets

e-mail: [nice2010@ecnp.eu](mailto:nice2010@ecnp.eu)

3 - 6 March 2011, Nice, France

## **ECNP School of Neuropsychopharmacology**

5 - 10 July 2009

Oxford, United Kingdom

e-mail: [secretariat@ecnp.eu](mailto:secretariat@ecnp.eu)

## **ECNP Consultation Meeting**

7 - 9 March 2010, Nice, France

e-mail: [nice2010@ecnp.eu](mailto:nice2010@ecnp.eu)

6 - 8 March 2011, Nice, France

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